

GUIDES

Fresh Start Program 4 Week itinerary

WAIVER OF LIABILITY

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Wednesday, July 17th

Watch your inbox for the Fresh Start Program Ebook and more instructions, and your mailbox for your supplements and goody bag!

Wednesday, July 24th, 6 PM ET

Live EXCLUSIVE Call with Dr. Jess MD

How the Fresh Start Program Works

Intro to Drainage Pathways & Roadblocks

Wednesday, July 31st, 6 PM ET

Live EXCLUSIVE Call with Dr. Jess MD

Learn how to use a modified Kill Bind Sweat Protocol to enhance your healing journey, whether you are a beginner or a more experienced self-healer.

Wednesday, August 7th, 6 PM ET

Live Open Office Call with Dr. Jessica Renfer, ND

Get your questions answered by a practitioner certified by Dr. Jess, MD!

Wednesday, August 14th, 6 PM ET

Live EXCLUSIVE Call with Deb Brucker, FDNP

Explore different ways to use the many tools Dr. Jess has curated for you on WellnessPlus as you continue learning how to be your best doctor.

A FREE year of WellnessPlus and other prizes will also be included in the giveaway!

Remember to schedule your personal 1:1 consultation with a WellnessPlus practitioner, which is included with your Fresh Start Program. Please email hello@drjessmd.com to connect with your practitioner.