

WellnessPlus
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QUICKIES

Autoimmune or Atrophic Gastritis

WAIVER OF LIABILITY

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Root cause reasons

1. H. pylori
2. Environmental toxicity such as Standard American diet, heavy metals
3. Parasites but especially roundworms, helminths, nematodes
4. Likely retroviruses, which also hide inside of parasites
5. Any sort of emotional or childhood trauma that is unresolved

Solutions

1. Make sure to treat vitamin B12 and folate deficiency; cut out gluten, dairy, soy
2. Test and keep iron in normal levels
3. Add in betaine HCL if cleared by doctor
4. See parasite quickie-very important!
5. See H pylori quickie
6. Open all drainage pathways
7. Consider probiotic like Megaspore or CT Spore
8. Heal childhood trauma in cells with cellular release therapy (in store) or whatever works for you